



PROCLAMATION

**HEALTHY HEART MONTH  
FEBRUARY 2017**

*WHEREAS, in solidarity with the International Day of Women's Health, February is "National Heart Month" and "National Teen Dating Violence Prevention" month; and*

*WHEREAS, in the United States, although one out of three women will die from heart disease and 44 million women are affected by cardiovascular diseases, 80% of cardiac and stroke events can be prevented with education and action; and*

*WHEREAS, Teen Dating Violence is a serious problem, with an alarming 76% of female high school students reporting they have experienced at least one incident of unwanted kissing, hugging, groping and/or sexual intercourse, indicating a need for increased relationship-education for our youth, teaching them healthy relationship skills to prevent the devastating cycle of abuse; and*

*WHEREAS, Soroptimists strive to educate the public and women worldwide, providing heart disease prevention information and services, and emphasizing the right to feel safe and live free from violence at school, at home, and in society; and*

*WHEREAS, the Soroptimist Model Program Kit for Women's Heart Health and Teen Dating Violence Prevention Bookmark promote awareness and action; and*

*WHEREAS, Soroptimist, the international organization of women volunteers who work to improve the lives of females in local communities all over the world, has launched a region-wide campaign called "Advancing Women's Education;"*

**NOW, THEREFORE, I, HELENE SCHNEIDER,** by virtue of the authority vested in me as Mayor of the City of Santa Barbara, do hereby proclaim February as "Healthy Heart Month," with special recognition to Soroptimist of Camino Real Region for their service, advocacy, and public education efforts.

**IN WITNESS WHEREOF,** I have hereunto set my hand and caused the Official Seal of the City of Santa Barbara, California to be affixed this 28<sup>th</sup> day of February 2017.

A handwritten signature in blue ink, which appears to read 'H. Schneider', is written over a horizontal line.

**MAYOR HELENE SCHNEIDER**

