

Haley Street Youth and Family Center Santa Barbara Family YMCA 2016 Annual Report

MISSION

The Santa Barbara Family YMCA has been serving the city of Santa Barbara for 127 years. Recently, the YMCA has taken over a building on Haley Street to serve the residents on the east side of Santa Barbara. Our mission is for youth development, promoting good health, academic success and social responsibility for the community.

IMPACT

Currently, we are serving 122 individual residences of Santa Barbara and we have an average of 30 people a day. The 122 individuals are broken down to 24 individual adults, 11 individual youth memberships and 87 family memberships. Haley Street membership is 99% from the City of Santa Barbara. As we get more established in the community we are experiencing more residents wanting to volunteer and help with the Family Center. We also have had over 35 volunteers in the past three years.

PROGRAMS

Group exercise classes have been expanding at the center. Lately, these classes have become popular and have 10 to 20 residents in a class. We are in the process of adding more classes, as the need arises. Below is a list of the current classes that we have offered or are offering.

<ul style="list-style-type: none"> • Run Circuit • Bootcamp • Upper Body Blast • Cycling • Cycling & Power Abs • Zumba 	<ul style="list-style-type: none"> • Latin Dance • Pilates • Yoga • Circuit Training • Small Group Training
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Youth development has been a major thrust for us the past three years. We are committed to provide a safe place for the youth of Santa Barbara. Below are the programs that we have implemented.

- Homework Help – The YMCA has put in a computer lab with the help of Cox Communication. We have a designated area for helping students with homework and they have access to the computers.
- Digital Arts Leaders Club – This club focuses on the development of digital arts and animation.
- Supper Program – We have partnered with The Mobile Café Project through the Santa Barbara School Districts nutrition services department. This program provides dinners for kids in the community.
- Get Up Get Out – Haley Street puts on field trips in the community to get the kids outside and into Santa Barbara.
- Teen Fitness Certification Class – The YMCA is committed in healthy living and we spend time certifying the youth to utilize the equipment.
- Writer’s Workshop – “Know Yourself, Express Yourself, Create Yourself” – Youth have the ability to explore their artistic side and this is all done by utilizing poetry.

Collaborations

As we become more established in the community, we have learned that collaborations are essential in the success of the center. Below is the current list of organizations that we collaborate with.

<ul style="list-style-type: none"> • Cox Communications • Computers 2 SD Kids • Santa Barbara School District • La Cuesta 	<ul style="list-style-type: none"> • Bici Centro • Art Alliance • Santa Barbara Junior High • Teen fitness radio
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Summary

The Santa Barbara YMCA is committed in serving the east side with the utilization of the Haley Street Center. We have made significant impact and plan on expanding even further. Our summer plans includes providing an opportunity to help youth stay off the streets during their break. We will be providing a low cost opportunity for the youth to be in a camp environment. We will also be expanding our role in the community, utilizing more partnerships.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

HALEY STREET YOUTH AND FAMILY CENTER

Winter 2017

MON/LUN

HOMEWORK HELP
2:30-3:30pm
Will

Open recreation
3:30-5:00

RUN CIRCUIT
CIRCUITO DE CORRER
Dan
5:10-6:10pm

CHILDRENS PROGRAMS
Basketball Training
Will
5:20-6:10

TUES/MAR

HOMEWORK HELP
2:30-3:30pm
Will

Open recreation
3:30-5:00

BOOTCAMP
CAMPO DE ENTRENAMIENTO
Elisa
5:10-6:10pm

CHILDRENS PROGRAMS
Dodgeball Club
TBD
5:20-6:10

WED/MIE

HOMEWORK HELP
2:30-3:30pm
Will

Open recreation
3:30-5:00

UPPER BODY BLAST
BLAST DEL CUERPO SUPERIOR
Elisa
5:10-6:10pm

CHILDRENS PROGRAMS
Basketball Training
Will
5:20-6:10

THUR/JUE

HOMEWORK HELP
2:30-3:30pm
Will

Open recreation
3:30-5:00

BOOTCAMP
CAMPO DE ENTRENAMIENTO
Elisa
5:10-6:10pm

CHILDRENS PROGRAMS
WEIGHT TRAINING
Will
5:20-6:10

FRI/VIER

HOMEWORK HELP
2:30-3:30pm
Will

Open recreation
3:30-5:00

Cardio CIRCUIT
CIRCUITO DE CORRER
Dan
5:10-6:10pm

CHILDRENS PROGRAMS
Dodgeball Club
TBD
5:20-6:10

PLEASE NOTE:

- Effective 1.5.2017
- Schedule is subject to change
- Class must maintain an attendance minimum to remain on the schedule.
- Members not participating in a scheduled activity may be asked to leave the facility.

HALEY STREET YOUTH AND FAMILY CENTER
a branch of the Channel Islands YMCA

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