

Suicide Prevention Month September 2006

WHEREAS, most suicides are preventable, and the number of suicides can be reduced through awareness, education, and treatment; and

WHEREAS, suicide is a public health concern and its prevention a community responsibility; and

WHEREAS, suicide is the 11th leading cause of all deaths in the United States, the third leading cause of death among young people between the ages of 10 and 24, the second leading cause of all injury deaths in the state of California, and the second leading cause of all injury deaths in Santa Barbara County; and

WHEREAS, understanding the causes of self-destructive thoughts and behavior will reduce the rate of self-inflicted injury in our country, and encouraging at-risk persons to seek help will both save and improve the quality of countless lives; and

WHEREAS, it is estimated that 4.4 million people in the United States have lost loved ones to suicide, and that many can be helped by eliminating the stigma associated with mental illness, which works against suicide prevention by discouraging at-risk individuals from seeking life-saving help; and

WHEREAS, The Glendon Association's mission to save lives – and help people create more meaningful lives – by addressing the social problems of suicide, violence, and troubled interpersonal relationships, benefits all members of our community,

**NOW, THEREFORE, I, MARTY BLUM,** by virtue of the authority vested in me as Mayor of the City of Santa Barbara do hereby proclaim September 2006 as **SUICIDE PREVENTION MONTH** in support of the 12<sup>th</sup> Annual Suicide Prevention Forum presented by The Glendon Association, and encourage all citizens to join its life-sustaining efforts to provide hope and support to those in need.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Official Seal of the City of Santa Barbara, California, to be affixed this 1st day of September, 2006.

MARTY BLUM, MAYOR