



City of Santa Barbara

PROCLAMATION

American Diabetes Month November 2007

WHEREAS, diabetes is a disease in which the body does not produce or properly use insulin – a hormone that is needed to convert sugar, starches and other food into energy required for daily life.

WHEREAS, nearly 21 million children and adults in the United States, or 7% of the population, have the disease of diabetes. An estimated 14.6 million have been diagnosed with diabetes; unfortunately, 6.2 million people are unaware that they have the disease.

WHEREAS, the cause of diabetes continues to be a mystery, however, both genetics and environmental factors such as obesity and lack of exercise appear to play roles. To this date, diabetes has no cure and continues to be the fifth deadliest disease in the United States; and

WHEREAS, diabetes is a chronic, debilitating and costly disease and can be especially dangerous to women and their unborn children; and

WHEREAS, the Partners for Fit Youth is a collaborative partnership in Santa Barbara County whose mission is to improve the health of youth and their families through education, intervention, outreach and environmental changes, to prevent chronic disease and promote healthy weight; and

WHEREAS, the Partners for Fit Youth bilingual promotional poster campaign to "Eat More Fruits and Vegetables" is being placed in all City buses in Santa Barbara, Lompoc and Santa Maria; and

NOW THEREFORE, I, MARTY BLUM, by virtue of the authority vested in me as Mayor of the City of Santa Barbara, California, do hereby proclaim November as AMERICAN DIABETES MONTH in Santa Barbara, and encourage all citizens to help fight this disease by making healthy lifestyle choices and providing support to those suffering from diabetes.

IN WITNESS THEREOF, I have hereunto set my hand and caused the Official Seal of the City of Santa Barbara, California, to be affixed this 6th day of November, 2007.

Marty Blum
MARTY BLUM, MAYOR

